

CRYSTAL ONG HUIYI

Email crystal.ohy@gmail.com

EDUCATION

BACHELOR OF SOCIAL SCIENCES IN PSYCHOLOGY (HONS) (DISTINCTION)

National University of Singapore • 2016 – 2020

- Minor in Public Health
- Honours Thesis: Brief Virtual Reality Mindfulness to Improve Mood States of Healthcare Professionals

GCE A LEVEL

Catholic Junior College • 2014 – 2015

EXPERIENCE

RESEARCH ASSISTANT

Duke-NUS Medical School • Chronobiology and Sleep Laboratory • Jul 2020 - Present

- Recruiting and scheduling participants
- Conducting literature reviews
- Designing online questionnaires
- Collecting research data including polysomnography (PSG) and actigraphy
- Performing data processing such as scoring actigraphy data, and data analyses with R and Excel

PART-TIME RESEARCH ASSISTANT

Singapore-ETH Centre • Future Cities Laboratory • Jan – Apr 2020

- Project involved: Cognition, Perception, and Behaviour in Urban Environments
- Conducted literature reviews
- Engaged in the experimental design process
- Recruited participants, and ran behavioural experiments involving electroencephalography (EEG) and electrodermal activity (EDA) measurements in the lab
- Data entry and management

STUDENT INTERN

A*STAR • Neurodevelopment Research Centre • Dec 2017 – July 2018

- Project involved: Growing Up in Singapore Towards Healthy Outcomes (GUSTO)
- Assisted research coordinators in carrying out experimental visits involving mothers and 7-year-old children
- Conducted short quantitative interviews with mothers
- Performed data entry and processing

TECHNICAL SKILLS

Microsoft Word



Microsoft Powerpoint



Microsoft Excel



Adobe Lightroom



Adobe Photoshop



SPSS



R



LANGUAGES

- English
- Chinese

INTERESTS

- Lacrosse
- Photography
- Travelling

ACTIVITIES

CONTENT WRITER

SYNC • May 2020– Present

- Creating mental health and Dialectical Behaviour Therapy (DBT) content for social media posts (IG: @hello.sync)
- Planning timeline for posts
- Coordinating workflow between content writers and graphic designers

PEER MENTOR

SYNC • Nov 2019 – Nov 2020

- Assisted youths in acquiring DBT coping skills under the supervision of a senior case worker
- Gathered pre- and post-intervention measurements to quantify the significance of our project

COMMITTEE MEMBER

Lacrosse Interest Group • Aug 2019 – Present

- Member of Lacrosse Interest Group since August 2016
- Involved in handling social media accounts
- Shooting and editing photos at competitions and events
- Organising and coordinating competitions

GLOBAL VOLUNTEER

AIESEC • Budapest, Hungary • Jun – July 2017

- Developed organisational skills from planning and facilitating of summer camps for Hungarian youths (10 – 19 years old) with eight other global volunteers
 - Delivered sessions on soft skills to the youths
-
-